



Caring for the
Next Generation

7959 Broadway, Suites 600 & 604
San Antonio, Texas 78209
www.HeritagePediatrics.com
Fax (210) 805-9523

John T. Fitch, Jr., MD, FAAP: (210) 826-1891
John T. Gibson, MD, FAAP: (210) 804-2300
Graham T. Hall, MD, FAAP: (210) 826-7033
Joshua C. Tardy, MD, MBA, FAAP: (210) 824-7938

REDEEMER PRESBYTERIAN CHURCH - SEXUALITY AND THE CHRISTIAN

HOW TO TALK TO YOUR KIDS ABOUT SEX, Dr. John Fitch

RESOURCE LIST

BOOKS (From younger to older development)

Learning About Sex Series, Concordia Publishing House

- This series of 11 books addresses parents and children at various stages of development and gender.

God Made All of Me, Holcomb & Holcomb

- A Christian storybook that deals with a range of safety issues for children. This book does have some statistics in the Parent's Section that could be confusing or troubling if children read them.

Do You Have Secret?, Moore-Mallinos

- A storybook focused on establishing trust and distinguishing between good and bad secrets.

I Said NO!, King

- A storybook of a child telling other children about physical boundaries.

Good Pictures, Bad Pictures, Jenson & Poyner

- This book designed to be read with young adolescents to discuss the effects of pornography on the brain. It discusses addiction in a helpful way, but it isn't from a specifically Christian worldview.

The Care and Keeping of You, Parts 1 & 2, Masse & Schaefer

- A book written for girls of various ages. It is from the American Girl library.

The Body Book, Rue

- This book is from the Lily series and uses helpful medical terminology.

Addressing the Elephant, Harvest USA

- Small booklet designed to help adults faithfully engage adolescents about sexual sin.

Understanding Sexual Identity, Mark Yarhouse

- This is a shortened version of Yarhouse's wonderful Sexuality and the Christian (which is on the booktable). It is designed for mature teens and/or parents. It presents a clear and pastoral approach to navigating the confusing distinctions between same-sex attraction, sexual orientation, and sexual identity as they are presented to adolescents.

ONLINE RESOURCES

- Medinstitute.org – the Medical Institute for Sexual Health has two specific resources Dr. Fitch recommends: Questions Kids Ask About Sex and Tell Me Now!



Caring for the
Next Generation

7959 Broadway, Suites 600 & 604
San Antonio, Texas 78209
www.HeritagePediatrics.com
Fax (210) 805-9523

John T. Fitch, Jr., MD, FAAP: (210) 826-1891
John T. Gibson, MD, FAAP: (210) 804-2300
Graham T. Hall, MD, FAAP: (210) 826-7033
Joshua C. Tardy, MD, MBA, FAAP: (210) 824-7938

- Maryflo.org – Mary Flo Ridely’s site includes resources to use in discussing sex with your children.
- Covenanteyes.com – A monitoring service that records every site visited on a computer.
- Adblockplus.org – Blocks potentially pornographic pop-up ads from every website.
- HarvestUSA.org – An excellent, biblical-faithful ministry dedicated to helping people with all kinds of sexual brokenness. They have programs for adults and adolescents, men and women, gay and straight, sexually abused and those who are trying to care for the abused and broken.
- Netgrace.org – G.R.A.C.E is an organization dedicated to protecting children from abuse. They have excellent resources and
- Settingcaptivesfree.org
- Fightthenewdrug.org – A website dedicated to helping young people break pornography habits. It is not specifically Christian, but is helpful nevertheless.
- OpenDNS, CleanRouter, and Torch are all router-based monitoring and filtering solutions.

ARTICLES – all are attached.

- “The Growing Up Talk (ie. The Birds and the Bees)”, Dr. John Fitch
- “Sex is Not a Dirty Word”, Tara Gibbs
- “Family Protection Plan Guide”, Nicholas Black, Harvest USA
- “The Missing Male”, Harry Schaumberg (with “Why *Undefined* By Harry Schaumberg?”, Benjie Slaton)