



Caring for the
Next Generation

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Resources on Parenting Issues

General and Practical Parenting

- *Parenting with Love and Logic* by Foster Cline, MD
- *123 Magic* by Thomas Phalen PhD

Defiance and Explosive Behaviors

- *Explosive Child, The: A New Approach For Understanding And Parenting Easily Frustrated, Chronically Inflexible Children* by Ross W. Greene PhD
- *Tantrums!: Managing Meltdowns in Public and Private* (123 Magic Parenting Series) by Thomas Phalen PhD
- *Raising Your Spirited Child, Third Edition: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic* (Spirited Series) by Mary Sheedy Kurcinka

Parenting Kids with Disabilities and Differences

- *Quirky Kids, 2nd Edition: Understanding and Supporting Your Child With Developmental Differences* by Perri Klass, MD, FAAP, Eileen Costello, MD, FAAP
- *Autism Spectrum Disorder, 2nd Edition* by Alan I. Rosenblatt, MD, FAAP and Paul S. Carbone, MD, FAAP

Restricted Behaviors

- *The Picky Eater Project: 6 Weeks to Happier, Healthier Family Mealtimes* by Natalie Digate Muth, MD, MPH, RDN, FAAP, and Sally Sampson
- *Food Fights: Winning the Nutritional Challenges of Parenthood Armed with Insight, Humor and a Bottle of Ketchup, 2nd Edition* by Laura Jana, MD, FAAP and Jennifer Shu, MD, FAAP

Community Counselor and Behavioral Specialists

This is a starting list for resources in our community. Many more are available

Grace Iacuone, LPC	Alamo Heights	(210) 598-8447 (may need referral)	No Networks
Mindworks	Castle Hills & Schertz	(210) 366-3700	Insurance
Rebecca Sterling, PhD	Alamo Heights	(210) 561-2861	No Networks
Clarity Guidance	Medical Center	(877) 676-5437	Insurance
SA Counsel & Behav Ctr	3 Locations	(210) 614-4990	Insurance
Henrietta Dominguez, LPC	Wurzbach & Blanco	(210) 702-3066	No Networks
Madeleine Reichert, DMD	Oakwell Farms	(210) 829-1994 Ext. 2	No Networks